



EXCEL is a High Five® registered before- and after-school recreational program offered by the Halifax Regional Centre for Education at 64 elementary schools across the Halifax Regional Municipality. EXCEL's dedicated and qualified program leaders plan and facilitate weekly games and activities that consider the needs and interests of the registered students. These program plans reflect EXCEL's overall philosophy which is focused on providing opportunities for physical activity and positive social interaction in a safe and fun environment.

While program size and operating space may differ at each school, EXCEL's programming objectives are consistent. Since the program began over 25 years ago, it has developed significantly based on experience, advancements in the field of youth recreation, and feedback from participants, parents and staff. Today, EXCEL is one of the largest before- and after-school programs in Canada, providing engaging and inclusive recreational opportunities for over 4000 program participants.

Highlights of the EXCEL program include:

- **Structured and unstructured active play both inside and outside (weather permitting);**
- **A minimum of 45 minutes per day of structured physical activity;**
- **Opportunities for participant choice in programming;**
- **Special guests such as Mad Science, African Dance, Zumba, Athletics Nova Scotia, TK Adventure Play & Shubenacadie Wildlife Park.**
- **Loose Parts and Loose Arts Play - open-ended activities using a variety of natural and human-made materials to build, create and imagine.**
- **P.A.L.S. (Playground Activity Leaders in Schools) for participants in Grades 4-6.**
- **HRQ/Gym (Homework/Reading/Quiet Time/Gym) from 5:30 to 6:00 pm.**



EXCEL is not offered on Professional Development days, Holidays, or Storm days.

Professional development days are used to provide valuable training for EXCEL staff, including First Aid and CPR C, High Five® Principles of Healthy Child Development, Fundamental Movement Skills, Verbal De-escalation, and Respectful Workplaces, to name a few.

EXCEL does not offer programming on days when the schools are closed due to inclement weather or other extenuating circumstances. Access to the buildings is not available on these occasions and the safety of our participants and staff are of primary importance.

For more details on the EXCEL program, please see the EXCEL webpages at www.hrce.ca. Information regarding enrolment procedures and fee rates will be updated on the HRCE website in the weeks and months to come.

2019-2020 EXCEL Registration Dates:

May 6th, 2019 - General Registration for ALL EXCEL Before and/or After school programs begins at 8:00 am.

Note: Siblings of **current EXCEL participants** that will be registering for Grade Primary in 2019/2020 are eligible to enroll during the Early Registration period which begins on **Monday, April 29th, 2019**.

Visit the EXCEL pages on www.hrce.ca for information on the registration process.

EXCEL Monthly Program Fees – 2019-2020

	<i>1 Child</i>	<i>2 Children</i>	<i>3 Children</i>
Before (5 days/week)	\$ 97.00	\$184.00	\$267.00
After (5 days/week)	\$243.00	\$462.00	\$668.00
Before & After (5 days/week)	\$340.00	\$646.00	\$935.00

NOTE:

- A non-refundable application fee is charged at time of acceptance to the program. (2019/2020 application fee is \$36.00)
- All monthly program fees for EXCEL must be paid on the 20th day of the preceding month. Options include pre-authorized payment (PAP), credit card (Visa or MasterCard), or post-dated cheques.
- Applications will be accepted on a first received, first accepted basis. No priority consideration will be given to applications of Before & After versus After only.
- Sibling discounts of 10% for the 2nd child and 15% for the 3rd and subsequent children will apply.
- The monthly fees are calculated based upon the total number of EXCEL days in the school year. The annual amount is divided into ten equal monthly amounts for ease of budgeting for parents. These calculations do not include holidays, PD days, conference days and assessment days as EXCEL does not operate on these days.

EXCEL is Hiring!

- **Employment Opportunity** – The EXCEL program is searching for fun, energetic, and reliable individuals to work full-time or as substitutes in the EXCEL programs. This is a great way to get involved in your child's school! Full-time staff receive competitive wages along with staff benefits which include paid sick/personal leave; paid bereavement leave; Employee & Family Assistance Program support; paid Snow Days; children of full-time staff attend EXCEL for free; paid training and discounted GoodLife memberships. Should you or anyone you know be interested in working with EXCEL please contact one of the three administrators below for more information.
- Halifax area schools - Gillian Boutilier, EXCEL Administrator 902-464-2000 ext. 2013 - gboutilier@hrce.ca
- Dartmouth area schools – Lori Fougere, EXCEL Administrator 902-464-2000 ext. 2492 – lfougere@hrce.ca
- Sackville/Bedford area schools – Judy Lockhart, EXCEL Administrator 902-464-2000 ext. 5596 – jlockhart@hrce.ca

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in your child's school!*

