



École LeMarchant-St. Thomas School

Les nouvelles d'octobre 2026

October 2026 News

Theme: Gratitude



October 1 is Treaty Day



Treaty Day is an opportunity to learn, reflect and deepen our understanding of the historic and ongoing relationships between Mi'kmaq and non-Mi'kmaq people in Nova Scotia.

Treaties are not simply part of our past. They are living agreements that continue to shape our shared responsibilities today. In schools, Treaty Day provides an important opportunity to help students understand Mi'kmaq

history, culture, rights and perspectives, while exploring what it means to live together in a spirit of respect, partnership and reciprocity.

By continuing to learn about the Treaties and our responsibilities within them, we help build stronger relationships and contribute to the ongoing work of reconciliation.

October is Mi'kmaq History Month

Each October, Mi'kmaq History Month provides an opportunity to deepen our understanding of Mi'kmaq culture, history, language and traditions, while recognizing the important contributions of Mi'kmaq people past and present.

Across our schools, students and staff may mark the month through learning, storytelling, art, community connections and cultural experiences that bring Mi'kmaq perspectives into the classroom and school community.

As we learn together, Mi'kmaq History Month reminds us of the importance of listening, building relationships and continuing our shared commitment to truth and reconciliation.

Learn more about Mi'kmaq History Month [here](#).

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Early Pick-Up Cut-off

This is a reminder that all early pickups must be communicated to both your child's teacher and the school office ahead of time.

The cut-off time for early pickup is **2:40 PM**. After this time, we are preparing for dismissal, and we will not be able to accommodate last-minute pickups.

If you arrive after 2:40 PM, please wait until regular dismissal at 2:55 PM to pick up your child. Thank you for your support in keeping our students safe and our dismissal process smooth.

Reminder About Re-Entering School After Dismissal

Dismissal is at 2:55 PM each day. Our school is a secure building. After dismissal, students are not allowed to re-enter the school for any reason.

Please remind your child to use the bathroom before leaving at the end of the day.

Dismissal and the Playground

This is a friendly reminder that school rules continue to apply after school hours.

Please take a moment to remind your child that riding bicycles and scooters on school grounds is not permitted, as it presents safety concerns for all students and staff.

Additionally, we are sharing our outdoor space with the EXCEL program, and it's important that we maintain a safe and respectful environment for everyone using the facilities.

Thank you for your continued support and partnership in keeping our school community safe. Parents/guardians are responsible for monitoring their child(ren) after school as there is no supervision by staff.

Head Lice

There have been sporadic reports of cases of head lice. Please consult the link below to learn more about head lice and treatment.

<https://www.nshealth.ca/sites/default/files/documents/pamphlets/07135.pdf>

School Advisory Council (SAC)

Our next SAC meeting is October 20 at 4:30 pm. All parents/guardians are welcome to attend.

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LMST HOME & SCHOOL

FUNDS USED IN SEPTEMBER

CURRICULUM NIGHT ICE CREAM & POPSICLE SOCIAL – A big thank you to everyone who came and helped us successfully launch the 26/27 school year. Sharing some fun and hearing everyone's excitement for the new school year. Seeing the kids happily enjoying their ice cream was such a sweet moment, melting from little hands straight to our hearts! Over 1,000 treats were consumed! Hope everyone had a wonderful day and enjoyed this special time together as a school community.

TEACHER ALLOCATIONS – Last June, attendees at our H&S meeting unanimously voted to provide the total amount \$9800, including \$300 for each of 26 Homeroom teachers; a total of \$300 for Physical Education teachers; a total of \$300 for Music teachers; \$200 for each of 5 Resource teachers; \$200 for Core French teacher; \$200 for Librarian. Funds are used at the discretion of teachers to support the purchase of items like classroom supplies, books, special events, etc. **(the HRCE financial rules are followed)*

Arts Programs Support – Attendees at our June H&S meeting unanimously voted to approve the allocation of \$5000 to help fund the arts programs, such as drama, classroom workshops with local artists, felting, rug hooking, comic book activities, French workshops for younger grades, and the PAINTS program. This extra programming supports student enrichment and local artists.

UPCOMING EVENTS! STAY TUNED!

Stay tuned for more upcoming H&S FUNdraising and community events:

- LMST Clothing Order (Fall)
- October H&S Meeting (Tuesday, Oct 20, 6-7pm)
- Fall Garden Clean-up (Wednesday, Oct 21, 2:55-5:30pm)
- Woozles Shopping Night (Wednesday, Nov 4, 5:30-9:00pm)
- Fall Family Skate – FREE! (Wednesday, Nov 11, 1:00-3:00pm at SMU)
- Holiday Wreaths & Poinsettias (Nov/Dec)

Garden and Greenspace Update

Fall Clean Up at LMST: Come join us on Wednesday October 21 from 2:55-5:30pm at the school to help get the garden ready for the winter. No experience is required - come for 30 minutes or

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stay the whole time. It is fun family time with the kids playing on the playground and helping in the garden.

Harvest Snack: We are excited to be able to do the Harvest Snack again this year, which will happen the week of November. 2nd-6th. Each class will help prepare a healthy snack and share it together. Stay tuned for more details including teachers reaching out for volunteers.

We are always looking for new faces to help facilitate the activities with the garden. If you are interested, please reach out to Lizzie at lizzie@mooreco.ca

Le Mois International “Marchons vers l’école” et “Marchons à l’école”



LMST will once again participate in International Walk to/at School during the week of October 27-31. We will celebrate the benefits of walking/wheeling to school and at school.

December Showcase

Please mark your calendars for our Primary-3 musical showcase on December 8 and 9 Our grades 4-6 will be participating in the musical **Shrek JR** for two evenings on April 28 & 29.

Below is the schedule for the Holiday Concerts

Tuesday, December 8	Wednesday, December 9
3 Erin Collinson	3 Laura LeDuc
2 Mary Beth Chisholm	2 Sarah Englehutt
2/3 Shawna Morrissey	2 Marie Fennell
1 Carine Abi Daoud	½ Isabella Larocque
1 Taylor Roberge	2 Kelly Jordan
Primary Joanne Zelios	P1 Tina Drapeau
Primary Suzanne Lacroix	P1 Emma Rhynold
3 Danica Ottosen	P Laura De Palma

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What is SchoolsPlus?

SchoolsPlus is a confidential, free service available in every school in Nova Scotia. Our goal is to build positive relationships between families, schools, and communities. We can help families navigate complicated situations when they are involved with many different services. This helps ensure everyone is communicating clearly and working on shared goals. SchoolsPlus can also help connect families to community resources. Contact the SchoolsPlus Facilitator for your school to make a referral. You can find additional information here. LMST's School's Plus facilitator is Bryan Bell. He can be reached at bryan.bell@hrce.ca

October 19-23 is School Bus Safety Week

Every school day, thousands of HRCE students rely on the bus to get to and from school safely.

School Bus Safety Week is a chance to highlight the simple habits that help keep everyone safe - from waiting well back from the road, to following the driver's instructions, to staying alert around stopped school buses.

With more than 33,000 HRCE students travelling on more than 400 buses each day, safety depends on all of us: students, families, drivers, schools and motorists.

This week is a good opportunity to review a few everyday reminders and help reinforce safe routines on the bus, at the stop and on the road.

Bus Stop Safety

- Be on time for the bus and please don't run to/from the bus.
- Stand back off the road and don't push or shove when waiting at a stop.
- Always cross in front of the bus. Walk three metres (10 feet) in front of the bus to a point where you can see the driver and wait for the driver's signal to cross. Proceed to the centre of the road, STOP, LOOK & LISTEN and cross the road when it is safe.
- Never crawl under a school bus or cross the road behind the bus.
- Know the danger zones around the bus.

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School Bus Safety

- Please respect and listen to the driver and avoid distracting them.
- Please keep noise levels to a minimum.
- Do not stand or move seats while the bus is in motion.
- Never put your hands, arms, feet or head out of the bus window.
- Ask the driver for permission before you open the bus windows.
- Do not throw anything inside the bus or out of the windows.
- Keep the aisle clear at all times when the bus is in motion.

Remember: In Nova Scotia, it's illegal to pass a school bus when its red lights are flashing and the stop arm is extended.

Nut-Free School

This is a friendly reminder that we are a nut-free school.

For the safety of all our students, please do not send any food items that contain peanuts or tree nuts (such as almonds, cashews, walnuts, etc.) in your child's lunch or snacks. We have students with severe allergies, and your cooperation helps keep everyone safe and healthy.



Important Dates

October 1- Treaty Day

October 3- [Youth Running Series](#)- Trail Mayhem

October 1- LMST grades 3-6 cross country meet at LMST after school. (rain date Oct 2)

October 6 – Cross country meet (grades 3-6) Gorsebrook field after school (rain date Oct 8)

October 8- Class photo day

October 12- Thanksgiving Day – no school

October 19-22- Grade 6 Provincial Assessments

October 20- SAC meeting at 4:30 pm

October 20- H & S meeting at 6:00 pm

October 20- Kick off for LMST dance/walk-a-thon fundraiser (more info to come)

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October 21- Garden clean up after school. All are welcome.

October 23- Professional learning day- no school for students

October 26-30- iWalk to/at school week

October 30- LMST Dance-a-thon/walk-a-thon fundraiser. More info to come.

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