

Primary Orientation

**Bienvenue
à
LeMarchant-
St. Thomas**



**Welcome
to
LeMarchant-
St. Thomas**

2026-27 School Year

Meet the Team



PRINCIPAL / LA DIRECTRICE

Moira Cavanaugh



**VICE PRINCIPAL /
LE DIRECTEUR ADJOINTE**

Kimberly Gallivan



TEACHERS / LES ENSEIGNANTS

Mme De Palma, Mme Lacroix,
Mme Rhynold, Mme Zelios



SCHOOL ADVISORY COUNCIL

Zeeshan Sheikh
Hideyo Kawashima



HOME AND SCHOOL ASSOCIATION

Carly Buchwald



GREEN SPACE COMMITTEE

Lizzie Moore



Working together to support every student, every day. ❤️

Who we are!

Click the link below for a virtual tour of our school!

<https://www.youtube.com/watch?v=JSI8lwDYyXw>

Our mascot



Lou the Lion

Community Tile Mosaic



Created collaboratively by students and Art specialists.

School Logo



Originally designed by an LMST student



A typical day at LMST



8:35

FIRST BELL (Supervision begins/Early entrance)



8:55

SECOND BELL (Morning classes begin)



10:40

MID MORNING RECESS



11:55

STAGGERED LUNCH (25 min eat in classrooms;
25 min play outside)



12:55

AFTERNOON CLASSES BEGIN



2:55

DISMISSAL BELL

Arrival



At LMST, we promote safe walking or wheeling to school as much as possible.

It's a healthy way to start the day! ❤️



Too far to walk? Park and walk!

Find a parking spot 2–3 blocks away from the school and walk. Parking at the school can be very difficult and sometimes dangerous with all students arriving at once.



For safety reasons, we ask that you NOT drive into the parking lot.

Our parking lot is for staff only.



Every Minute Counts!

Consistent attendance and punctuality help children feel confident, connected, and ready to learn.



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Lunch, Snacks & Recess



Good food. Active bodies. Happy kids.



Fuel for Learning

Students need a morning snack and a lunch (nut free).



Hot Lunch Program

Available daily, prepared on site.

★ Hot lunches need to be ordered through the NS School Lunch Program.



Let's Go Outside!

We go outside to play!
Dress for all weather.



Healthy lunches and active play help students
learn, grow and feel their best!



Before & After School Care

These programs are provided by independent organizations and are **not organized by the administration of LMST.**



- **Excel**

[EXCEL | Halifax Regional Centre for Education](#)



- **LSC (Dalhousie)**

[University Children's Centre :: Life Sciences](#)



- **Peter Green Hall**

[Peter Green Hall Childrens Centre](#)



All questions, registration, and inquiries must be directed to these organizations.



Please contact each program directly for more information.

An integrated approach to learning

Children learn and grow when subjects connect and build together.



Reading

Building comprehension and a love of stories.



Health

Learning healthy habits for mind and body.



Science

Exploring, questioning and discovering the world around us.



Art

Expressing creativity and ideas in many ways.



Writing

Sharing our thinking through words and pictures.



Oral Language

Sharing ideas, listening and communicating with confidence.



Social Studies

Understanding our community, our past and our world.

123

Math

Solving problems, making sense of numbers and shapes.

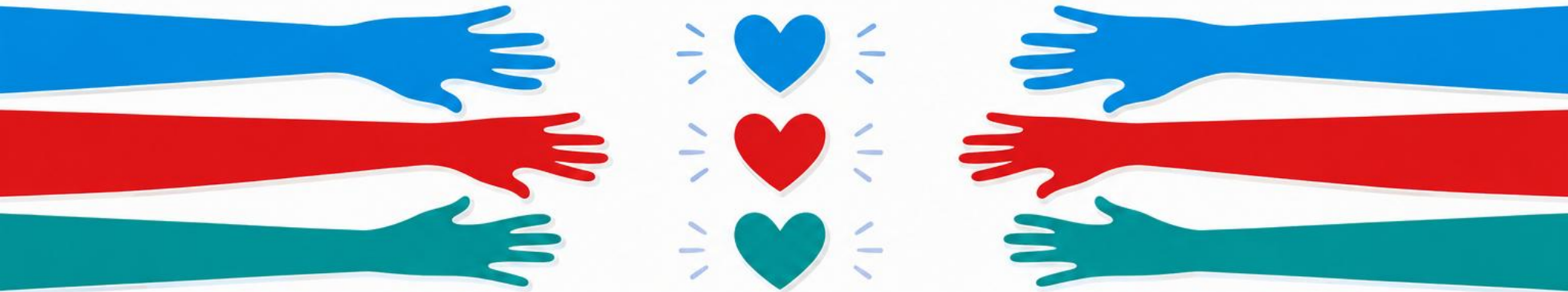


Connected learning. *Real understanding.* Bright futures.



A Caring School Community

Students, parents, teachers, support staff, principals, and regional centres **shared responsibility** for creating a school-wide approach to maintaining a positive and inclusive school climate. This is a climate where all students are supported to develop healthy relationships, make good choices, and achieve success in their learning.



The **provincial school code of conduct** policy applies to all public schools in the Province of Nova Scotia. All students and school members in Nova Scotia are required to follow this provincial school code of conduct policy, which is governed by the Education Act.



*Together, we create a safe, supportive, and inclusive school for **everyone**.*

Specialists



5 Day Schedule



Music

2 classes per week



Physical Education

3 classes per week



Library

1 class per week



Cross Age Learning Buddies

Scheduled by teachers



How can you prepare your child for Primary?

INDEPENDENCE



The most important skill
you can help your child develop.



Confident kids. Ready to learn.



Visit the school playground and show your child where they will play and learn.



Practice opening snacks independently.



Get dressed, tie shoes independently.



Read to your child daily.



Practice independent toileting.



Set up playdates to encourage turn taking.



Independence builds confidence. **Confidence** opens the door to learning.



Communication is Key

When we communicate, we connect, support and succeed together.

Why it Matters



Stronger Connections



Open communication builds trust and positive relationships.



Student Success

Working together helps support every child's learning and well-being.



Stay Informed

Timely communication keeps you in the loop and up to date.



We're a Team

When families and school partner together, great things happen!

Ways We Communicate



Emails & Newsletters

From the school and classroom teachers.



School Website <https://lmt.hrce.ca/>



**Follow @lmstnews
on Instagram**



HRCE Website <https://www.hrce.ca/>



School Work

Updates, notes and learning coming home with your child.



Let's keep the conversation going—*together!*



How Families Can Get Involved

Your involvement makes a big difference in your child's success and our school community!



1. School Advisory Council (SAC)

Join a team of parents, staff and community members who provide input and support school improvement.



2. Home & School

Be part of our Home & School Association and help plan fun events and fundraisers for our students.



3. Volunteering Opportunities

Support learning, classrooms, events and more!
To volunteer, please complete the *Criminal Record Checks* using the instructions to the right and the attachment: [How to Volunteer at LeMarchant-St. Thomas School](#)



4. Community Events

Join us for school and community events throughout the year!



5. Read School/Teacher Communications

Stay informed by reading emails, newsletters and messages from the school and your child's teacher.



Want to Volunteer?

To help ensure the safety of all students, all volunteers must complete the following criminal record checks:

1 Criminal Record Check with the Vulnerable Sector Check

Complete through Halifax Police Service online:
<https://secure.tritoncanada.ca/v/public/landing/HalifaxPoliceService/home>

★ **NOTE:** Once completed, please forward a copy of the report directly to the school (either to our Administrative Assistant, Jody.kearney@hrce.ca or LMSTS@hrce.ca). The report must be issued **within the past six months.**

2 Child Abuse Registry Check

Request online through the Nova Scotia Government:
<https://beta.novascotia.ca/apply-child-abuse-register-search>
Once received, please send a copy and/or screenshot that clearly shows your name and other identifying details.

The First Day of School



Before the first day of school, you will receive an **introductory phone call or email** from your child's teacher.



They will let you know how to find them on the first day of school.



Each class will have an **assigned balloon color**.



On the first day, parents are asked **say goodbye** to their children **at the main doors**.



Please **practice walking** to the main doors the week before school starts.



A little preparation now helps make the first day a happy success!



What Primary Students Need to Bring

Being prepared helps us learn, play and have a great day! ♥



Backpack

A backpack that your child can open and close independently.



Indoor Shoes

Shoes that your child can run around in gym class with.



School Supplies

A list of school supplies will be posted on the LMST website in the summer.



Change of Clothes

A complete change of clothes (top, bottom, socks, underwear) in a **labelled** Ziploc bag.



We can't wait to meet your child



We are so excited to teach your children
and welcome you into the
LMST community!



*Together, we create a safe,
supportive, and inclusive school for everyone.*



Questions?

• We're here to help! •