



# École LeMarchant-St. Thomas School



## Les nouvelles de mars Theme: Perseverance

Our Caring School theme for March is **perseverance**. This quality involves intrinsic motivation, stamina, and determination. We will put emphasis this month on students to foster perseverance at home and school, doing schoolwork, homework and chores.

### Attendance

A gentle reminder that our school day starts at 8:55 am. A great way to start the day and not miss key instruction is to arrive between 8:35 am -8:45 am. Thank you!

### Grades 4-6 Heritage Fair

Students in grades 4-6 will each be creating a heritage fair project. A notice was sent home February 13 sharing possible ideas and outlining the expectations of the project. The school has project tri- boards available on [SchoolCash online](#). Families may utilize the Canadian Heritage Fair website at <https://www.canadashistory.ca/youth/heritage-fairs-en> This is an opportunity to showcase (if so desired) a familial connection to Canada. Students are encouraged to be creative and have fun exploring a topic of interest! Mark your calendars for our open house on **April 10 from 1:10-2:45 pm**. Parents/guardians are welcome to attend.

### Grades 4-6 Annie Jr Musical

We're getting ready for our spring musical *Annie Jr.*, and this year is extra special - all our Grade 4-6 students will be part of the show! Mark your calendars for April 22 & 23!

To help bring it all to life, we're looking for parents who'd like to help collect and organize props. If you're interested in lending a hand, please email Julie MacLean at [julie.macleam@hrce.ca](mailto:julie.macleam@hrce.ca). Any help is greatly appreciated! Thanks for supporting our young performers!

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# École LeMarchant-St. Thomas School

## Home and School Association (H & S)

### LMST H&S

#### FOOD DRIVE – MARCH 2-6

LMST Home & School is collecting **food, cash, and socks** for **Feed Nova Scotia** and **Hope Cottage** nextweek!

📍 **Drop off location:** Outside the front door during morning drop-off

#### What You Can Donate:

1. Non-perishable food items    2. Cash donations    3. New or gently used adult socks (cold weather socks preferred)

Cash donations are accepted by our **Parent Volunteer at the collection table** or at the **Main Office**.

For a list of most-needed food items, please visit the Feed Nova Scotia website.

#### Important:

- Socks must be **adult size, new or gently used**, and **warm/cold weather socks** are best

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### Volunteers Needed!

We need **ONE volunteer each day** to help at the collection table. 🕒 **Time:** 8:25 a.m. – 8:55 a.m.

Post collection duties:

- Drop socks and cash at the office
- Drop Food off at any Feed Nova Scotia drop box (available at most grocery stores)

To volunteer, please sign up here: <https://volunteersignup.org/TCJPK>

You can also find the link on the **LMST Home & School Association Facebook page** 😊

### BINGO!!! – THURSDAY, MARCH 26<sup>th</sup>- 6-7:30PM

Come connect with our amazing community at this **POPULAR** community building event!!!

**WHAT? LMST SUPER FUN FAMILY BINGO NIGHT!** Great prizes to be won! The vibe is always AMAZING (and a little loud)!

**WHERE?** LeMarchant-St. Thomas Elementary gym

**WHEN?** Thursday, March 26<sup>th</sup>. Doors open at **6pm**, Games start at **6:15pm** and all games should end by **7:30pm**

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**COST?** \$5/ticket (child/adult) in advance via SchoolCashOnline (March 25 deadline). **Everyone attending needs a ticket.** You must buy your ticket ahead of time to help with planning and preparation. **NOTE:** Limited tickets available due to fire code restrictions! ( 500 maximum) AND **\*\*\*Adult Supervision required\*\*\***

## **OTHER?:**

- **Bingo Daubers** available for sale (\$2.50 each) OR **bring your own crayons** to mark your squares
- **Canteen:** Bring **CASH** for a delicious treat!
- **Volunteers!** We are seeking helpers for the front door, canteen, set up, clean up & nut free baked goods for canteen. Sign up: <https://volunteersignup.org/M73EW>. **All volunteers get early access to seating!**
- **Donated prizes welcome!** The H&S welcomes any prize donations (new items ONLY with value \$10-\$50) for this event. Please drop off at the school office by March 25th. Thank you!

## **FUNDS USED IN FEBRUARY**

Attendees at our February meeting voted to provide all classrooms with \$100 to support classroom activities and/or supplies.

## **Stay tuned for more upcoming H&S FUNdraising and Community events**

- **H&S Monthly Meeting** (April 21, 6pm @ LMST)- all welcome!
- **Morris East Pizza Contest** (April/May)
- **Spring Fair** (May 30)- we need volunteers of various commitments, stay tuned for future school notices and on our Facebook page “LMST Home & School Association” or please join us at our monthly meetings 😊
- **End of Year Ice cream/popsicle social** (June 25)

## **School Advisory Council (SAC)**

Our next SAC meeting is April 21 at 4:30 pm. All are welcome to attend.

## **Battle of the Books**

Our team (Ameya, Elle, Clara, Eva and Ching) won their past 3 games against Sacred Heart, Hydrostone Academy and J.W MacLeod. Bravo! Round 3 will be March 25 at LMST. The final

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will be on March 30 at the Halifax Public Library. For more information about Battle of the Books click [here](#).

### **Do you have a child who will be starting pre-primary or primary this fall? It's time to register!**

Registration for the 2026-27 school year begins on February 2. To ensure we have the right staff and support in place for September, it's important that we gather enrolment numbers now. Visit the [HRCE website](#) for more information and to enroll your child today through PowerSchool Enrollment!

Don't have a child to register? Maybe you know someone who does! Please help us spread the word and pass this information on to friends, neighbours or relatives who will be looking to register for the fall.

### **March is Nutrition Month: Make the Most of the Nova Scotia School Lunch Program**

March is celebrated across Canada as Nutrition Month, a perfect opportunity for families to focus on building healthy eating habits together. Nutrition Month allows us to explore sustainable eating patterns, food literacy, and learn about the benefits of balance and variety in everyday meals. By highlighting the connection between nutrition and long-term health, Nutrition Month empowers everyone to build habits that benefit both individuals and the planet.

Use Nutrition Month as a reminder to take advantage of the [Nova Scotia School Lunch Program](#)! With nutritious, balanced meals prepared daily, the program ensures students have the energy and focus they need to succeed in the classroom and beyond. The School Lunch Program is designed to provide accessible, affordable, and appealing meals that feature a variety of foods from all food groups, following Canada's Food Guide. By participating, families can help their children develop lifelong healthy habits while making mornings a little less hectic.

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## **Responding to Technology-Facilitated Harms Among Young People**

Unplugged Canada is hosting a free community event at the Canada Games Centre on Thursday March 5 at 7 p.m., available both in person and virtually. Join to learn from Dr. Alexa Dodge, Assistant Professor of Criminology at Saint Mary's University and a leading Canadian researcher on technology-facilitated sexual violence.

This session will explore cyberbullying, the sharing of intimate images, and other online harms youth face, along with research on the support and responses young people need when problems arise online. This presentation will be valuable for any caregiver or adult supporting young people as they navigate the challenges of their digital social lives.

**Thursday, March 5, 2026, at 7 p.m.**

**Canada Games Centre Boardroom - 26 Thomas Raddall Drive, Halifax**

Please register for in-person or virtual [here](#).



## **Important Dates**

**March 2-6 H & S Food and Sock Drive**

**March 4&5 LMST Concours d'art oratoire (grades 5 and 6)**

**March 13 Assessment and Evaluation Day- no school for students**

**March 16-20 *March break- no school***

**March 23 Term 3 begins.**

**March 26 Home& School Family Bingo 6pm**

**March 27 Report cards released**

**March 30 Battle of the Books final at the public library 4pm**

**April 1 Parent/Guardian – teacher interviews 5:30-7:30 pm**

**April 2 No school for students (Professional development in the morning and Parent/guardian -teacher interviews 1 pm-4 pm.**

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- April 10**      **Heritage Fair Open House 1:10 pm-2:45 pm – All welcome**
- April 21**      **SAC meeting 4:30 pm - All welcome**
- April 21**      **H&S meeting 6:00pm All welcome**
- April 22**      **Annie Jr musical – all grades 4-6 students 6:30 pm**
- April 23**      **Annie Jr musical – all grades 4-6 students 6:30 pm**
- April 29**      **Professional learning day- no school for students**

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