



École LeMarchant-St. Thomas School

April News/ Les nouvelles d'avril Theme: Acceptance

Parent/Guardian-Teacher Interviews

LMST will host in person Parent/Guardian-Teacher interviews on Wednesday, April 2 from 5:30-7:30 pm and Thursday, April 3 from 1-4pm

Appointments will be available in 2 blocks: April 2 5:30-7:30 pm and April 3 1pm -4pm

Students do not have school on April 3rd. The morning is for staff professional learning.

Interviews are available to be booked online through OPTIS (Online Parent Teacher Interview Scheduler) beginning March 24 and **closing April 2 12:00 pm**

To access OPTIS please visit: <https://secure.parentinterviews.com/lst> and follow the instructions.

If you have any questions or difficulty using the system, please contact the main office at 902-421-6769.

Lost and Found Items

We have a tremendous amount of lost and found items. They will be spread out and on display in our cafeteria during our parent/guardian -interviews (April 2&3) for easy access. Please take a few minutes to see if any of the items belong to your child. **All unclaimed items will be donated April 4.**

Spring Has Sprung

A reminder to parents and guardians that there is no supervision after school. A gentle reminder that riding scooters, skateboards and bikes on school grounds is not permitted from 8:00 am-6:00 pm. Due to our EXCEL program and student safety- the bathrooms are off limits after 3 pm. Thank you!

Grades 4-6 Track & Field

Interested students are invited to **try out** for our grades 4,5 and 6 track and field team. Practices begin this week.

- Tuesdays and Thursdays at recess (distance)

6141 Watt Street, Halifax, NS, B3H 2B7
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- Tuesdays at lunch (sprints/high jumps) (alternating between grades 4&5 and grade 6)
- Wednesdays at lunch –(distance)

The schedule of practices will be shared with homeroom teachers, announced daily and posted outside gym.

Run Club Invitation for students in P-6

P-2 run club

From April 8- May 13 - students in Primary, Grades 1 and 2 are invited to join run club on **Tuesdays** during their outdoor time at lunch. Interested students will be directed to join Mr. Smth/Ms. LeBlanc on the field at 12:25 on Tuesdays.

3-6 Run Club

Students in grades 3-6 are invited to join run club on **Wednesdays** during the outdoor time at lunch hour. Interested students will be directed to join Mr. Smth/Ms. LeBlanc on the field at 12:25 on Wednesdays from April 9- May 14. **** Track and field athletes who wish to be considered for distance events must attend unless in violin/cello on Wednesday.**

We are also sharing the **Youth Running Series** information. The 2025 series is open for registration and LMST encourages our students to get involved!
<https://www.youthrunningseries.ca/registration2025>

Grades 4-6 Heritage Fair



Students in grades 4-6 are in the process of creating a heritage fair project. Parents /guardians may utilize the Canadian Heritage Fair website at <https://www.canadashistory.ca/youth/heritage-fairs-en>

This is an opportunity to showcase (if so desired) a familial connection to Canada or Canadian culture. Students are encouraged

to be creative and have fun exploring a topic of interest!

Projects due to the school the week of April 22

Open House – May 2 1:10-2:40 pm- Parents/guardians/grandparents welcome`

Judging of projects- April 26 in the morning

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Some students will be invited to represent LMST at the Provincial fair. Date: June 13

Public Speaking /Discours d'art oratoire

Canadian Parents for French host an annual public speaking contest for students in grades 5-6. All students in grades 5-6 FI researched a topic of choice, created a 2–4-minute speech, memorized it and delivered it to their class. Bravo! 6 Cunningham's English program students also participated.

The following students will represent LMST at the Regional Concours on **April 8 here at LMST**.
Grade 5: Mira, Dougall, Elea, Olivia, Lila, Nora, Gabby **Grade 6:** Wes, Ava, Addie, Jack, Jessie
Felicitations!!

Some students may advance from our regional competition to the provincial *concours* which will be **Saturday, April 26** at Mount Saint Vincent University. Bonne Chance!

Battle of the Books

Our LMST team (Serena, Melody, Sylvie, Ching and Avery) defeated Halifax Grammar School to move to the finals. The game will take place on **April 4** at 4pm at the Public Library on Spring Garden Road. Hope to see you there!

Canadian Parents for French (CPF)

LMST is a member of the federal non-profit organization [Canadian Parents for French](#).

There is a link for supporting your child called *French at Home* - for Core French and French immersion students. There are ideas for supporting French at home. Click [here](#) to access the site.

Canadian Parents for French offers a variety of French camps across the province for children ages 6-14 years old. <https://ns.cpf.ca/en/youth/french-camps/>

School Advisory Council (SAC)

Our next SAC meeting is April 15 at 4:30 pm. All welcome to attend.

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Home and School Association

APRIL 11 – LMST ADULT SOCIAL EVENT AT “THE BREWERY” ON QUINPOOL (6273 Quinpool Rd.)

LMST Parents/Guardians/Adult Friends!!! Join us for our POPULAR and FUN LMST community social night for adults only. We are planning a LIVE AUCTION, DJ and TRIVIA and an ONLINE AUCTION (ending Sunday, April 13th)

WHERE: THE BREWERY by Quinns at 6273 Quinpool Road

WHEN: Friday, April 11th, 7:30-close

WHY?: This is a FUN community building event that also provides an opportunity to raise funds to help replace our aging playground structures (used by students & our community!).

PRICE: Tickets will be available via Schoolcashonline.com...stay tuned via email.

LIVE and ONLINE AUCTION: Stay tuned via LMST emails & our H&S Facebook page for details on our auction items and help spread the buzz to your friends, family and neighbours!

******NOTE:** If you have any services, unique experiences, items or art pieces (new or used) to donate for our auctions, please contact christine@eisenhauer.ca by April 10th.

THANK YOU!

BINGO

Thank you for attending our community building BINGO night and THANK YOU to those who volunteered!!!! We had a HUGE turnout...the vibe was amazing and the feedback equally fantastic! We hope that our community building events help connect our community and nourish a happier and healthier community!

STAY TUNED!

Stay tuned for more FUNd fundraising and community events:

- Morris East pizza decorating contest (April/May)
- LMST Spring Fair (May 31), we need volunteers of various commitments, stay tuned for future school notices and on our Facebook page “LMST Home & School Association”.
- Year-end Ice Cream/Popsicle social (June 19)

Our next meeting is April 15 at 6:00 pm. All welcome to attend.

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Supporting literacy at home

Did you know? Teachers use the [Six Pillars of Effective Reading](#) Instruction ([Français](#)) to support students' learning.

Reading is best learned when children get clear and structured support in key skills: listening, recognizing sounds in words, learning letter sounds, building vocabulary, reading smoothly and understanding what they read. These skills work together and when you strengthen one, it helps improve the others.

Good reading instruction includes learning how letters and words work and practicing reading in books. The goal is for children to understand what they read, enjoy reading and learn new things from books.

The links below may help you support your children with reading at home:

- [Ideas for parents to help children to practice their reading and writing skills](#)
- [10 Ideas to Raise A Reader](#)

Measles prevention in Nova Scotia

We are sharing the following on behalf of Nova Scotia Public Health:

Measles cases are rising in Canada. Measles is a virus that spreads easily and can cause serious complications. The best way to prevent measles is vaccination.

Nova Scotia offers free vaccines to eligible people. These can be given by primary care providers, pharmacists and Public Health.

Parents are encouraged to check their family's vaccine records and get the measles vaccine if missing doses. Check your vaccine records at vaxrecordns.nshealth.ca

Who should get vaccinated?

- Anyone born in or after 1970 should get two doses of vaccine, typically given at 12 and 18 months. If missed, children and adults can catch up for free.
- Adults born before 1970 are generally considered immune but can get a single dose if travelling.
- Infants 6-12 months old can get a single dose if travelling but still require two doses after their first birthday to complete the series.

Find out more about measles vaccination: www.nshealth.ca/measles

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Important Dates

- April 1** Grades 4-6 track& field practices begin
- April 2** Parent/guardian- teacher interviews 5:30 -7:30 pm
- April 3** (No school for students) Parent/guardian- teacher interviews 1-4pm
- April 4** Battle of the books final at the Halifax Public Library
- April 8** Regional concours d'art oratoire
- April 8** P-2 run club begins at lunch
- April 9** 3-6 run club begins at lunch
- April 11** LMST's Adult Social Event
- April 15** SAC at 4:30 pm All welcome
- April 15** H & S meeting 6:00 pm – All welcome
- April 18** Good Friday- no school
- April 21** Easter Monday- no school
- April 22** Heritage Fair projects due
- April 30** Professional learning day- no school for students
- May 2** Heritage Fair Open House 1:10-2:40 pm- All welcome

For a complete listing of staff at LMST please check out our website
<https://lmt.hrce.ca/staff-directory>

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